



## Pure Emu Oil

**2 oz.** #SC-014

**4 oz.** #SC-101

**8 oz.** #SC-172

**32 oz.** #SC-173

**1 Gal.** #SC-174 (NO DISCOUNTS)

### Emu Oil is Nature's Answer for Healthy Skin

Emu Oil is gaining in popularity daily. People looking for natural alternatives to chemicals are discovering the beneficial results of using emu oil in lotions, cosmetics, topical analgesics and more.

The emu is a large bird, a distant cousin of the ostrich and is native only to Australia. The Aborigines have used the emu for thousands of years as a source of food, clothing, jewelry and even the oil as a natural remedy. The Aborigines discovered when applied to the skin, emu oil offered protection from the sun, was an excellent moisturizer, relieved muscle and joint pain and was effective on bruises.

Settlers to Australia soon learned about the emu and it's amazing oil from the Aborigines and adopted it for their own use. But with new technologies of the 20th century, modern man turned away from natural remedies to man-made ones. In the 1970s, the desire for natural products once again became popular in Australia and emu oil was rediscovered. For a time, emu oil could only be obtained from Australia, but as the emu's reputation grew, other countries began exporting the animal and raising them on local ranches. The American Emu industry was born.

As Americans began raising their own emus, they also took on the role of processing the emu. This led to many claims about quality, which couldn't be verified as each producer had their own techniques. In 1989, the American Emu Association (AEA) was started. The AEA was not only begun to promote the emu industry, but to also provide standards to which emu products should be held. In 1997, emu oil guidelines were established and in 2000, with the guidance of the American Oil Chemists Society (AOCS), specifications and processes were clearly outlined defining three grades of emu oil:

- Grade A - Pharmaceutical, cosmetic and dietary supplements
- Grade B - Limited cosmetic and industrial applications
- Grade C - Soaps and animal feed

### When you use products with emu oil, look for the "AEA Certified Fully Refined" logo.

This means you are getting Grade A emu oil which meets AEA standards and has been tested by an independent third party to insure it is the finest emu oil available. It has been refined to remove impurities, yet retains all the healthy components believed to make emu oil so effective. It meets all safety standards for use topically and in dietary supplements. **BLUESPRING** only uses AEA Grade A emu oil in our products.



One of the properties that makes emu oil so effective as a topical is its lack of phospholipids. Our skin is also void of phospholipids. Most oils contain phospholipids and when these oil based lotions and creams are applied to skin, the skin tries to reject the phospholipids, making absorption difficult. Because emu oil has no phospholipids, the skin allows it to penetrate and penetrate much deeper and faster. This allows it to reach the muscles and joints. <http://www.aea-emu.org/>

### In studies, emu oil has shown to be a natural moisturizer and contribute to a reduction in:

- Inflammation
- Joint pain
- Stiffness
- Bruising
- Muscle pain

**Emu oil is also a rich source of Essential Fatty Acids (EFAs).** EFAs are an integral part of the daily allowance of nutrients we need but EFAs can't be manufactured by the body. Instead, they must be ingested as a part of our daily diet. Emu oil is rich in Omega-3 and Omega-6. With these two EFAs, the body can produce the other EFAs it needs.

According to the Linus Pauling Institute at Oregon State University, a large body of scientific research suggests that higher dietary omega-3 fatty acid intakes are associated with:

- Reductions in cardiovascular disease risk
- Decreasing the risk of myocardial infarction (heart attack)
- Decreasing joint tenderness

<http://lpi.oregonstate.edu/infocenter/othernuts/omega3fa/#cvd>

**Along with EFAs, emu oil is also rich in anti-oxidants vitamins A and E.** These two anti-oxidants fight free radicals which damage the skin and contribute to aging and wrinkles. When used as a topical, emu oil delivers anti-oxidants vitamins A and E directly to the skin where it penetrates and contributes to healthy skin.

But it does much more than just moisturize and soften the skin, emu oil can also improve the appearance of:

- Scars
- Burns
- Wrinkles
- Stretch Marks
- Sun Damage
- Damaged skin from Pregnancy
- Damaged skin after Injury
- Damaged skin from Acne
- Damaged skin after Surgery

By word of mouth only, emu oil has a growing number of users. These include:

- Professional sports teams
- Celebrities as a beauty secret
- Physical therapists
- Chiropractors
- Massage therapists
- Plastic surgeons for less scarring after surgery

Emu oil appears to be one of the newly re-discovered secrets from the ancient world. A 2003 study was done at the Forsyth Institute in Boston, Massachusetts, USA, on emu oil and its reported anti-inflammatory properties. The following institutes have also conducted emu oil research studies:

- Auburn University, USA
- Boston University Medical Center, USA
- University of Adelaide, Australia
- Indiana University School of Medicine, USA
- University of Sydney, Australia
- Iowa State University, USA
- University of Texas Medical School, USA
- Texas Tech Health Sciences, Burn Unit, USA

**Directions for use:** Massage onto dry skin on face or body 2-3 times daily. Can also add several drops to bath water for moisturizing. Great as a make-up or eye make-up remover.

100% pure and natural Emu Oil by **BLUESPRING** is guaranteed to give you maximum results if used properly. The oil contained in our product is 100% pure. Vitamin E, in the amount of 0.02%, is then added to the pure oil to preserve freshness.

Emu oil is a stable oil that does not require refrigeration. The shelf life of the oil at room temperature is approximately two years. If the oil develops an unpleasant odor, it is past its optimal shelf life. Normal, fresh emu oil has a mild fragrance. Although refrigeration will help the oil stay fresh longer, it will cause the product to become thick and difficult to pour. Please note, we do not recommend freezing the oil.

We have so much confidence in our emu oil that we back it up with our **BLUESPRING** 60-day money back guarantee. The American FDA approves emu oil only as a moisturizer. Though studies have been done around the world on the therapeutic effects of emu oil, these studies are not currently recognized by the American FDA.

*-Emu oil in 1 gallon is only sold at regular price. No discounts can be taken.*