



Super Blue Stuff OTC with Emu Oil

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| 12 oz. Pump | • #PR-189 | 4.4 oz. Jar | • #PR-188 |
| 1 oz. Jar | • #PR-117 | 3 oz. Roll-On | • #PR-131 |
| Travel Packet | • #TP-100 | | |

Super Blue Stuff OTC with emu oil provides natural pain relief with no side effects. Millions of people have used and recommend Super Blue Stuff OTC to their family and friends. Many find it works in as little as five minutes to relieve the pain associated with:

- Arthritis (check the National Arthritis Foundation website to see the over 100 different types of Arthritis – you may not even know you have it)
- Joint Pain
- Backaches
- Muscle Pain
- Sprains and Strains
- Bruises

The active ingredient in Super Blue Stuff OTC is menthol. Topically applied, menthol is an analgesic pain reliever. The key is using the right amount, as too much can cause a burning sensation. But if used in the right amount, menthol can have a cooling effect and that's just one more reason so many people love Super Blue Stuff OTC. In fact, due to the exacting method **BLUESPRING** uses to make Super Blue Stuff OTC, it's now registered with the FDA as an over-the-counter drug.

Menthol is not the only ingredient that makes Super Blue Stuff OTC so effective. Herbal medicines have been used over the centuries by cultures around the world to help the body deal with a variety of ailments. These ingredients, whole leaf aloe vera, emu oil, glucosamine, grape seed oil extract, MSM (MethylSulfonylMethane) and Vitamin E tocopherol have been credited in helping with:

- Burns and eczema
- Ease of pain and inflammation
- Speeding up healing time
- Easing discomfort of muscle and joint pain
- Improving the appearance of burns, scars and damaged skin
- Increase oxygen to increase local blood flow and accelerate the healing process.
- Easing pain of arthritis
- Aiding in rehabilitation of cartilage
- Slowing down progression of osteoarthritis
- Anti-inflammatory
- Reduce swelling and edema (excessive accumulation of fluid)
- Promoting tissue elasticity
- Improving peripheral (external) circulation
- Prevent bruising
- Maintaining joint support and joint health
- Maintaining normal range of motion
- Building healthy connective tissues as those found in joint cartilage
- Encourage healing and reduce scarring after burns

Super Blue Stuff OTC with Emu Oil is **BLUESPRING's** newest and all natural version of the Original Blue Stuff seen on television in 2001 and 2002. Millions of this "miracle in a jar" have been sold. Customers come back again and again and not only recommend but share it with family and friends. Super Blue Stuff was the original pain reliever featuring emu oil. Others have copied it, but none have surpassed it in quality or amount sold.

Super Blue Stuff OTC now also contains eleven therapeutic herbs:

- Menthol from the Peppermint plant
- Coriander Seed Oil
- Feverfew
- Lime Tree Flower also called Linden
- Roman Chamomile
- Witch Hazel
- Marigold (Calendula) Flower
- Cornflower or Bluebottle
- German Chamomile
- Nettle
- Willow Bark

Usage of these herbs can be traced back to the 1600s in the United States and as far back as 5000 BC. Records show they have been used to help the body with:

- Relief of Headaches and Migraine Headaches
- Remedies for sprain and swelling
- Powerful anti-inflammatory characteristics
- Relief of Painful Joints
- Neuralgia (painful disorder of nerves)
- Improved Characteristics that are considered Tonic which means invigorating and stimulating
- Insect bites
- Arthritis (check the National Arthritis Foundation to see there are over 100 different forms of Arthritis – you may not even know you have it)
- Healing qualities
- Promotion of sweating to help fevers
- Counter irritation – this means they have irritating chemicals that are released when they come into contact with the skin – however, when they come into contact with an area of the body already in pain, the chemicals can actually help to decrease the original pain. Nature is amazing.
- Ease of discomfort associated with joints, muscles and inflammation.
- Pain relieving and fever reducing qualities
- Treating bruises
- Some of these herbs in their natural form have been said to be more effective and safe than aspirin.

Today, Super Blue Stuff OTC is used by:

- Professional and College Baseball Teams
- Professional and College Basketball Teams (including Olympic Champions)
- Professional and College Football Teams
- Professional and College Hockey Teams (United States and Canada)
- Gymnasts (Including Olympic Champions)
- Professional and College Soccer Teams (Internationally)
- Professional and Amateur Golfers
- Professional and Amateur Tennis Players
- Medical Doctors of all specialties
- Chiropractors
- Natural Health Practitioners
- Massage Therapists
- Physical Therapists
- Karate Experts, kickboxers, surfers, bowlers, weekend warriors – the list goes on and on
- Thousands of individuals with their own amazing story to tell

The positive effects of Super Blue Stuff OTC Pain Relief Cream with Emu Oil are:

- Pleasant and mild vanishing fragrance of peaches (we get compliments on it from both men and women)
- Much safer than pills
- Apply topically
- Safe to use with other medications, including prescriptions
- Registered with the FDA (Food and Drug Administration of the United States Government)
- Absorbs deeply and quickly into skin
- Super Blue Stuff OTC Pain Relief Cream with Emu Oil by **BLUESPRING** is guaranteed to give you maximum results. We have so much confidence in our Super Blue Stuff OTC Pain Relief Cream with Emu Oil that we back it up with our **BLUESPRING** 60 day money back guarantee.

Directions for use to achieve pain relief:

Adults and children over 2: Apply Super Blue Stuff OTC in a light, thin coat to areas in need of pain relief, not more than 4 times daily. (Consult a doctor before using on children under 12 with arthritis and all children under 2 in need of pain relief)

Directions for best use to achieve quick pain relief:

- Apply thin coats of Super Blue Stuff OTC more frequently instead of a large amount at one time.
- If pain does not subside within 5 minutes, reapply immediately. Reapply until pain subsides – everyone is different.
- For a joint, such as a knee, elbow, or wrist, apply Super Blue Stuff OTC all the way around the joint, and at least one or two inches above and below the joint.
- For hands or feet, cover the area with Super Blue Stuff OTC, and even apply some to the wrist or ankle to ensure full coverage.
- For an area such as the lower back, apply Super Blue Stuff OTC in a circular motion to the area of pain, traveling just outside the area to make sure Super Blue Stuff OTC gets to the entire area.
- Super Blue Stuff OTC usually gives pain relief within just a few minutes. If you don't get relief from your pain within 5 minutes, you should reapply.

Remember:

Children under 12 with arthritis and all children 2 or younger, consult a physician. If pregnant or breast-feeding, ask a healthcare professional before use. Super Blue Stuff OTC Pain Relief Cream with Emu Oil is designed and is manufactured using many time-tested natural ingredients. It is proprietary blend of 28 ingredients that makes it unique.

Active Ingredient: Menthol, USP 1.4%. Purpose: topical analgesic

Inactive Ingredients: Aloe Barbadensis (Whole Leaf Aloe Vera), Ascorbyl (Vitamin C) Palmitate, Calendula (Marigold) Extract, Carbomer, Coriander Oil, Cornflower (Bluebottle) Extract, Disodium EDTA, Emu Oil, FD&C Blue #1, Feverfew Extract, German Chamomile Extract, Glucosamine, Grape Seed Extract, Limetree Extract (Linden), Methylsulfonyl Methane (MSM), Peach Fragrance, Nettle Extract, Roman Chamomile Extract, Sodium Cocoyl Isethionate, Sodium Hyaluronate, Sodium Hydroxide, Sorbitol, 2-Phenoxyethanol, Purified Water, Vitamin E, Willow Bark Extract, Witch Hazel Extract

Super Blue Stuff OTC

Menthol - A natural, topically applied, analgesic pain reliever derived from the peppermint plant. Menthol, when applied at certain levels, is approved as a pain reliever by the FDA. Menthol has a cooling sensation and a slight peppermint fragrance.

Aloe Barbadosis Leaf Extract - Aloe Vera is used externally to treat various skin conditions such as cuts, burns and eczema. It is commonly believed that sap from Aloe vera eases pain and reduces inflammation. A study performed in the 1990s showed that the healing of a moderate to severe burn was sped up by six days when covering the wound on a regular basis with aloe vera gel, compared to the healing of the wound covered in a gauze bandage (Farrar, 2005).

Ascorbyl Palmitate - Ascorbyl palmitate is an ester (organic compound) formed from Vitamin C (ascorbic acid) and palmitic acid (an essential fatty acid found in animals and plants and used as an antioxidant). Ascorbyl Palmitate is a source of Vitamin C and is an antioxidant.

Calendula Officinalis Flower - The Common Marigold with its orange gold flower is familiar to most people. It was well known to the old herbalists as a garden-flower and for use in cooking and medicine. The *Countrie Farme* as early as 1699 mentions the Marigold as a specific treatment for headache, jaundice, red eyes, toothache and ague. (Ague is an old term for fever.) Marigold is thought to act as a stimulant by temporarily increasing vital processes. In addition it helps the body to promote sweating which is helpful to fevers. The Marigold flower has historically been rubbed on affected areas as a remedy for pain, sprain and swelling. Interesting fact: the yellow flowers were at one time used to give cheese a yellow color

Coriandrum Sativum (Coriander) Seed Oil - Coriander, also called cilantro in North America, is an herb. Coriander is used for: easing arthritis pain because of its powerful anti-inflammatory* characteristics; rheumatism (medical problems affecting the heart, bones, joints, kidney, skin and lung); painful joints; neuralgia (a painful disorder of the nerves); relieving migraine headaches; relaxes and soothes the nervous system; to keep bacteria from growing; a natural deodorizer. *Inflammation is a reaction of the tissue of the body to irritation, injury or infection. Inflammation often causes pain, redness, and swelling.

Cornflower (Bluebottle) Extract - The Cornflower, with star like blossoms of brilliant blue, is a wildflower. It is fairly common in cultivated fields and by roadsides. The flowers are the part used in modern herbal medicine and are considered to have characteristics that are tonic, which means invigorating or stimulating

Emu Oil - Emu oil reduces the visible signs of aging. Emu oil has many soothing health benefits including: rich in Essential Fatty Acids (EFA's) Omega 3, 6, 9; contains a high amount of Omega 6 (Linoleic Acid) which is known to ease the discomfort of muscle and joint pain; allows the EFA's to penetrate the layers of the skin down to a level that starts new cell growth; absorbs deeply and quickly into the skin; keeps skin moisturized and prevents dry and aging skin; help improve the appearance of wrinkles, stretch marks, burns, scars and damaged skin; increases oxygen to increase local blood flow where it is applied. This additional blood flow accelerates the healing process.

Feverfew Extract - Feverfew is an herb, which was original to Europe but is now grown on several continents. Greek and European Herbalists historically used it to reduce fevers. Its long history in traditional medicine includes use as a treatment for what is usually controlled by aspirin. It is known as an effective treatment for migraine headaches, inflammations such as arthritis and for treating insect bites. It is the combination of ingredients in the feverfew plant that brings such effective results. Clinical tests have shown the use of feverfew may reduce frequency and severity of headaches. It may be more effective than other nonsteroidal anti-inflammatory products (NSAIDS), like aspirin.

German Chamomile Extract - German Chamomile is an annual plant of the sunflower family originally grown in Europe. It has all been used for hundreds of years because of its perceived skin healing properties. German Chamomile is known to have anti-irritant, anti-inflammatory and anti-bacterial qualities.

Glucosamine - has been proven in numerous double blind, placebo-controlled studies to ease the pain of arthritis. Glucosamine has also been shown to aid in the rehabilitation of cartilage and slow down the progression of osteoarthritis. All forms of Glucosamine originate from Shellfish.

Grape Seed Extract - Considered one of the best natural sources of antioxidant protection. It is especially beneficial for cardiovascular health; it fights free radicals and gives antioxidant protection to the entire body. It is anti-inflammatory, antihistamine and anti-allergenic. It is also a free radical scavenger. Grape seed extract has been known to help Vitamin C enter the cells and to treat deteriorating diseases and conditions with great success. It is also known to be successful at: Strengthening

and supporting the cardiovascular system; strengthening weak blood vessels; promoting tissue elasticity healing injuries; reducing swelling and edema; promoting tissue elasticity; restoring collagen; improving peripheral circulation; preventing bruising; improving the performance of immune and nervous systems.

Tilia Cordata Flower (Linden Flower or Lime Tree) - Linden is an herb, which is derived from the lime tree and has been used in European traditional medicine for centuries. It is known to treat a wide range of health problems. The flowers are often added to baths. The active ingredient in Linden helps the body to promote sweating which is helpful to fevers.

Methylsulfonylmethane (MSM) - MSM is composed of 34% bio-available sulfur, making it the richest source of organic sulfur available. MSM is a safe, natural, assimilable food, which assists the body in maintaining adequate sulfur stores. MSM may support the body in regulating insulin production, improving skin smoothness and elasticity, regulating environmental and allergic sensitivities, enhancing bowel function and liver detoxification, and enhancing respiratory function.

Urtica Dioica (Stinging Nettle) - In the United States many remarkable healing properties are attributed to nettle and the leaf is utilized for different problems than the root. The leaf is used here as a diuretic, for arthritis, prostatitis, rheumatism, rheumatoid arthritis, high blood pressure and allergic rhinitis. The root is recommended as a diuretic, for relief of benign prostatic hyperplasia (BPH) and other prostate problems, and as a natural remedy to treat or prevent baldness. Hamamelis Virginiana (Witch Hazel) -

Roman Chamomile Extract - Roman Chamomile is an herb known for it's anti-inflammatory properties.

Salix Alba (Willow) Bark - Willow bark is from a tree native to Europe and Yugoslavia. Willow has been used for centuries to ease discomfort associated with the joints, muscles and inflammation. The bark is best known for its pain-relieving and fever-reducing qualities. In the early 19th century, a French chemist took the principal active ingredient from Willow Bark, and named it salicin. At the end of the century a chemist at the Bayer Company in Germany used salicin to develop the world's most used medication. It is called aspirin, or acetyl-salicylic acid. Many well-known drugs come from this plant compound. Recently, pain sufferers are returning to the natural sources of salicin to avoid the potentially dangerous side effects of synthetic aspirin.

Witch Hazel Extract - A deciduous shrub or small tree found in North America. It has exceptional soothing, cleansing and healing properties. The extract from the bark and leaves is used in therapeutic medicine and in treating bruises. The word witch comes from the Old English meaning pliant or bendable.

Sodium Cocoyl Isethionate (bean derived) - This fatty acid derived from a bean is an excellent ingredient in mild and biodegradable products. What it basically does is make water wetter, and allows the product to spread easier. It is totally friendly to the environment thus improving the product in several natural ways.

Sodium Hyaluronate - This is a mixture that is made up mostly of natural and purified sodium. It is a similar to a substance that occurs naturally in the joints and that acts as a lubricant and shock absorber.

Sodium Hydroxide - Also know as caustic soda. This ingredient is used to neutralize acid and control the PH of the product.

Sorbitol - Sorbitol comes from fruit and berries. It is used to dissolve oil into water.

2-Phenoxyethanol - This is an organic compound that has the consistency of an oily liquid and is used to prevent bacteria.

Vitamin E (Tocopherol) - Tocopherol, or vitamin E, is a fat-soluble vitamin that is an important antioxidant. Vitamin E is often used because it is commonly believed to play a role in encouraging skin healing and reducing scarring after injuries such as burns.

Disodium EDTA - This is a sodium salt, which is used as a preservative.

Carbomer - Carbomer is a trade name that is used as a thickening agent.

Purified Water, FD&C Blue #1, Peach Fragrance