



Super Blue Stuff OTC for Sport

#PR-134

Super Blue Stuff OTC for Sport: Muscle Warm Up/Pain Relief

Super Blue Stuff OTC for Sport Pain Relief Can Benefit you 3 ways!

- Use Super Blue Stuff OTC for Sport before physical activity to warm and relax muscles
- Use Super Blue Stuff OTC for Sport after physical activity for pain relief
- Use Super Blue Stuff OTC for Sport to push your endurance; Remember – no pain, no gain!

Super Blue Stuff OTC for Sport is guaranteed to give you maximum relief in a short period of time. Athletes have told us that it works for them in as little as a few minutes. We have so much confidence in our Super Blue Stuff OTC for Sport that we back it up with our Blue Spring 60 day money back guarantee.

Blue Spring is the manufacturer of Super Blue Stuff OTC for Sport Pain Relief and we have the confidence of knowing the quality of our ingredients.

Super Blue Stuff OTC for Sport Pain Relief gives you hours of relief from:

- Wrist pain
- Any kind of joint aches or pains
- Strains
- What is your Sport or Activity?
- Where is your pain?
- Elbow pain
- Backaches
- Bruises
- Knee pain
- Sprains
- Aching Muscles

Super Blue Stuff OTC for Sport Pain Relief is an effective product because of the unique blend of ingredients including:

- Emu Oil
- MSM
- The Active Ingredient - Menthol
- Whole Leaf Aloe Vera
- Glucosamine

Blue Spring's signature pain relief product Super Blue Stuff OTC includes more healthful natural herbs than any other topical pain reliever. Herbalists have long recognized the virtues of these Herbs. Our 11 Natural Herbs include extracts of:

- Roman Chamomile
- Fever Few
- Marigold
- Willow Bark
- Coriander
- Limetree
- Nettle
- Witch Hazel
- Blue Bottle
- German Chamomile
- Capsicum

Super Blue Stuff OTC for Sport manufactured by Blue Spring is used by Professional, school and association Teams throughout North America:

- Professional Baseball Teams
- Basketball Teams
- University Sports Teams
- We do not disclose the names of the above purchasers or any purchasers because of privacy
- Professional Football Teams
- College Sports programs
- Umpires
- Professional Hockey Teams
- High School Sports Teams
- Golf Clubs

In addition SuperBlue for Sport Pain Relief is used by bicyclers, bowlers, gymnasts, karate experts, surfers, roller-skaters, track stars, golfers, dancers, tennis players, skateboarders, roller bladers, cross country skiers, cheerleaders and swimmers worldwide. (Please contact us if we left your sport or activity out – we would love to add it to our growing list) send an email about your use of Super Blue Stuff OTC for Sport and let us know if it is okay to tell others.)

The positive effects of Super Blue Stuff OTC for Sport:

- Pleasant fragrance (we get compliments on it) and it does disappear
- Used equally by men and women
- Used by children and teenagers
- 100% safe
- A small amount is effective
- Apply topically
- NO side effects.
- Safe to use with other medications, including prescriptions
- Registered with the FDA (Federal Drug Administration)
- Directions for use to achieve pain relief:

Adults and children over 2: Apply in a light, thin coat to areas in need of pain relief, not more than 4 times daily. (Consult a doctor before using on children under 12 with arthritis and all children under 2 in need of pain relief)

Directions for best use to achieve quick pain relief:

- Apply thin coats more frequently instead of a large amount at one time
- If pain does not subside within 5 minutes, reapply immediately
- Apply before activity to warm and relax the muscles
- For a joint, such as a knee, elbow, or wrist, apply Super Blue Stuff OTC for Sport all the way around the joint, and at least one or two inches above and below the joint.
- For hands or feet, cover the area with Super Blue Stuff OTC for Sport, and even apply some to the wrist or ankle to ensure full coverage.
- For an area such as the lower back, apply Super Blue Stuff OTC for Sport in a circular motion to the area of pain; traveling just outside the area to make sure Super Blue Stuff OTC for Sport gets to the entire area.
- Super Blue Stuff OTC for Sport usually gives pain relief within just a few minutes

Active Ingredient: Menthol, USP (1.40%) Purpose: Topical Analgesic

Inactive Ingredients: Aloe Barbadensis, Ascorbyl Palmitate, Calendula Ext, Carbomer, Coriander Oil, Cornflower (Bluebottle) Ext, Disodium EDTA, Emu Oil, FD&C Blue #1, Feverfew Ext, German Chamomile Ext, Glucosamine, Grape Seed Ext, Limetree Ext, Methylsulfonyl Methane (MSM), Peach Fragrance, Nettle Ext, Roman Chamomile Ext, Sodium Cocoyl Isethionate, Sodium Hyaluronate, Sodium Hydroxide, Sorbitol, 2-Phenoxyethanol, Purified Water, Vitamin E, Willow Bark Ext, Witch Hazel Ext

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Menthol - A natural, topically applied, analgesic pain reliever derived from the peppermint plant. Menthol, when applied at certain levels, is approved as a pain reliever by the FDA. Menthol has a cooling sensation and a slight peppermint fragrance.

Aloe Barbadosis Leaf Extract - Aloe Vera is used externally to treat various skin conditions such as cuts, burns and eczema. It is commonly believed that sap from Aloe vera eases pain and reduces inflammation. A study performed in the 1990s showed that the healing of a moderate to severe burn was sped up by six days when covering the wound on a regular basis with aloe vera gel, compared to the healing of the wound covered in a gauze bandage (Farrar, 2005).

Ascorbyl Palmitate - Ascorbyl palmitate is an ester (organic compound) formed from Vitamin C (ascorbic acid) and palmitic acid (an essential fatty acid found in animals and plants and used as an antioxidant). Ascorbyl Palmitate is a source of Vitamin C and is an antioxidant.

Calendula Officinalis Flower - The Common Marigold with its orange gold flower is familiar to most people. It was well known to the old herbalists as a garden-flower and for use in cooking and medicine. The COUNTRY FARMER as early as 1699 mentions the Marigold as a specific treatment for headache, jaundice, red eyes, toothache and ague. (Ague is an old term for fever.) Marigold is thought to act as a stimulant by temporarily increasing vital processes. In addition it helps the body to promote sweating which is helpful to fevers. The Marigold flower has historically been rubbed on affected areas as a remedy for pain, sprain and swelling. Interesting fact: the yellow flowers were at one time used to give cheese a yellow color.

Coriandrum Sativum (Coriander) Seed Oil - Coriander, also called cilantro in North America, is an herb. Coriander is used for: easing arthritis pain because of its powerful anti-inflammatory* characteristics; rheumatism (medical problems affecting the heart, bones, joints, kidney, skin and lung); painful joints; neuralgia (a painful disorder of the nerves); relieving migraine headaches; relaxes and soothes the nervous system; to keep bacteria from growing; a natural deodorizer. *Inflammation is a reaction of the tissue of the body to irritation, injury or infection. Inflammation often causes pain, redness, and swelling.

Cornflower (Bluebottle) Extract - The Cornflower, with star like blossoms of brilliant blue, is a wildflower. It is fairly common in cultivated fields and by roadsides. The flowers are the part used in modern herbal medicine and are considered to have characteristics that are tonic, which means invigorating or stimulating.

Emu Oil - Emu oil reduces the visible signs of aging. Emu oil has many soothing health benefits including: rich in Essential Fatty Acids (EFA's) Omega 3, 6, 9; contains a high amount of Omega 6 (Linoleic Acid) which is known to ease the discomfort of muscle and joint pain; allows the EFA's to penetrate the layers of the skin down to a level that starts new cell growth; absorbs deeply and quickly into the skin; keeps skin moisturized and prevents dry and aging skin; help improve the appearance of wrinkles, stretch marks, burns, scars and damaged skin; increases oxygen to increase local blood flow where it is applied. This additional blood flow accelerates the healing process.

Feverfew Extract - Feverfew is an herb, which was original to Europe but is now grown on several continents. Greek and European Herbalists historically used it to reduce fevers. Its long history in traditional medicine includes use as a treatment for what is usually controlled by aspirin. It is known as an effective treatment for migraine headaches, inflammations such as arthritis and for treating insect bites. It is the combination of ingredients in the feverfew plant that brings such effective results. Clinical tests have shown the use of feverfew may reduce frequency and severity of headaches. It may be more effective than other nonsteroidal anti-inflammatory products (NSAIDS), like aspirin.

German Chamomile Extract - German Chamomile is an annual plant of the sunflower family originally grown in Europe. It has also been used for hundreds of years because of its perceived skin healing properties. German Chamomile is known to have anti-irritant, anti-inflammatory and anti-bacterial qualities.

Glucosamine - has been proven in numerous double blind, placebo-controlled studies to ease the pain of arthritis. Glucosamine has also been shown to aid in the rehabilitation of cartilage and slow down the progression of osteoarthritis. All forms of Glucosamine originate from Shellfish.

Grape Seed Extract - Considered one of the best natural sources of antioxidant protection. It is especially beneficial for cardiovascular health; it fights free radicals and gives antioxidant protection to the entire body. It is anti-inflammatory, antihistamine and anti-allergenic. It is also a free radical scavenger. Grape seed extract has been known to help Vitamin

C enter the cells and to treat deteriorating diseases and conditions with great success. It is also known to be successful at: Strengthening and supporting the cardiovascular system; strengthening weak blood vessels; promoting tissue elasticity healing injuries; reducing swelling and edema; promoting tissue elasticity; restoring collagen; improving peripheral circulation; preventing bruising; improving the performance of immune and nervous systems.

Tilia Cordata Flower (Linden Flower or Lime Tree) - Linden is an herb, which is derived from the lime tree and has been used in European traditional medicine for centuries. It is known to treat a wide range of health problems. The flowers are often added to baths. The active ingredient in Linden helps the body to promote sweating which is helpful to fevers.

Methylsulfonylmethane (MSM) - MSM is composed of 34% bio-available sulfur, making it the richest source of organic sulfur available. MSM is a safe, natural, assimilable food, which assists the body in maintaining adequate sulfur stores. MSM may support the body in regulating insulin production, improving skin smoothness and elasticity, regulating environmental and allergic sensitivities, enhancing bowel function and liver detoxification, and enhancing respiratory function.

Urtica Dioica (Stinging Nettle) - In the United States many remarkable healing properties are attributed to nettle and the leaf is utilized for different problems than the root. The leaf is used here as a diuretic, for arthritis, prostatitis, rheumatism, rheumatoid arthritis, high blood pressure and allergic rhinitis. The root is recommended as a diuretic, for relief of benign prostatic hyperplasia (BPH) and other prostate problems, and as a natural remedy to treat or prevent baldness. Hamamelis Virginiana (Witch Hazel) -

Roman Chamomile Extract - Roman Chamomile is an herb known for its anti-inflammatory properties.

Salix Alba (Willow) Bark - Willow bark is from a tree native to Europe and Yugoslavia. Willow has been used for centuries to ease discomfort associated with the joints, muscles and inflammation. The bark is best known for its pain-relieving and fever-reducing qualities. In the early 19th century, a French chemist took the principal active ingredient from Willow Bark, and named it salicin. At the end of the century a chemist at the Bayer Company in Germany used salicin to develop the world's most used medication. It is called aspirin, or acetyl-salicylic acid. Many well-known drugs come from this plant compound. Recently, pain sufferers are returning to the natural sources of salicin to avoid the potentially dangerous side effects of synthetic aspirin.

With Hazel Extract - A deciduous shrub or small tree found in North America. It has exceptional soothing, cleansing and healing properties. The extract from the bark and leaves is used in therapeutic medicine and in treating bruises. The word witch comes from the Old English meaning pliant or bendable.

Vitamin E (Tocopherol) - Tocopherol, or vitamin E, is a fat-soluble vitamin that is an important antioxidant. Vitamin E is often used because it is commonly believed to play a role in encouraging skin healing and reducing scarring after injuries such as burns.

Sodium Cocoyl Isethionate (bean derived) - This fatty acid derived from a bean is an excellent ingredient in mild and biodegradable products. What it basically does is make water wetter, and allows the product to spread easier. It is totally friendly to the environment thus improving the product in several natural ways.

Sodium Hyaluronate - This is a mixture that is made up mostly of natural and purified sodium. It is similar to a substance that occurs naturally in the joints and that acts as a lubricant and shock absorber.

Sodium Hydroxide - Also known as caustic soda. This ingredient is used to neutralize acid and control the PH of the product.

Sorbitol - Sorbitol comes from fruit and berries. It is used to dissolve oil into water.

2-Phenoxyethanol - An organic compound that has the consistency of an oily liquid and is used to prevent bacteria.

Disodium EDTA - This is a sodium salt, which is used as a preservative.

Carbomer - Carbomer is a trade name that is used as a thickening agent.

Purified Water, FD&C Blue #1, Peach Fragrance