



Active

#NS-213

Size: 30 capsules

Made from four natural herbal extracts, Active Formula energizes your mind and body and can contribute to weight loss.

Active Formula's powerful herbal extracts benefit you in three ways: increases your mental energy, physical energy and helps control your appetite.

Active Formula is made from four powerful herbal extracts which work synergistically. Together, in the correct dosages, they work better together than alone. The special blend of these four natural herbal extracts, Rhodiola, Eleuthero, Gotu Kola and Mate provides not only well-rounded support but also:

- Contributes to Natural Weight Loss
- Stimulates and invigorates the central nervous system
- Keeps your body from retaining water – Diuretic
- Breaks down fats and triglycerides in the body
- Treats mental and physical fatigue
- Energizes your body and your mind
- Helps maintain healthy colon functions.
- Relieves Stress
- Promotes Health
- Cleanses and Detoxifies the blood
- Controls appetite

Recent research has shown a relationship exists between stress and fat around the midsection.

Rhodiola and Eleuthero are both herbal extracts classified as Adaptogens. The word adaptogen is defined as a natural herb product that increases the body's resistance to stresses such as trauma, anxiety and bodily fatigue. This type of stress can lead to an increase in body fat in the midsection. This is caused by high levels of Cortisol in the body. Cortisol is what can destroy your waistline, especially in women.

Studies show a link between decreasing stress and decreasing fat in your mid section by controlling the release of Cortisol in your body.

Active Formula will decrease your stress and energize your body naturally with the powerful blend of Active Formula's four natural herbal extracts. This powerful combination of herbal extracts in Active Formula help prevent excessive Cortisol production.

Active formula by Blue Spring is guaranteed to give you maximum results in a short period of time. We have so much confidence in our Active Formula that we back it up with our Blue Spring 60 day money back guarantee.

The positive effects of Active Formula by Blue Spring are:

- Effectively used by both men and women
- Safe for children and teenagers
- 100% safe
- NO side effects.
- 100% Natural Herbal supplement
- Registered with the FDA (Federal Drug Administration)
- Ephedra Free

Directions for use: Take one capsule daily, increase as needed

Directions for Maximum Results from Active Formula: Along with taking Active Formula, eat a sensible diet and exercise regularly. Moderate exercise on a regular basis will contribute to the total benefits of Active Formula.

If Active Formula is used as directed, your mood, mental alertness, energy and stress level should improve within days. You will notice overall results within 30 days.

Product Ingredients: Yerba Mate, Rhodiola Root Extract (Rhodiola rosea), Eleuthero Root Extract (Eleutherococcus senticosus) and Gotu Kola

Inactive Ingredients: Gelatin, Magnesium Stearate, Silica and Rice flour

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Yerba Mate - Yerba Mate is an herb, which is also used as a tea like beverage. It originated in South America. In parts of South America, people carry their Mate tea with them everywhere. In these same areas obesity is rare. Yerba Mate is an herb, which contains caffeine. The caffeine in Yerba Mate causes it to be stimulating. In addition it naturally

- Stimulates and invigorates the central nervous system
- Diuretic – keeps your body from retaining water
- Breaks down fats and triglycerides in the body
- Treats mental and physical fatigue
- Treats headaches
- Good for weight loss
- Energizes your body
- Stimulates mental alertness
- Helps maintain healthy colon functions
- Calms Allergies
- Increases longevity
- Relieves Stress
- Promotes Health
- Cleanses and Detoxifies the blood
- Combats aging
- Fights fatigue
- Stimulates the mind
- Controls appetite
- Eliminates insomnia

Yerba Mate is to be used internally to relieve your mental and physical fatigue. Yerba Mate helps with weight loss. Positive effect: all natural with no side effects, a natural stimulant, non-toxic, natural source of nutrition

Rhodiola Root Extract (*Rhodiola rosea*) - Rhodiola is a popular plant in traditional medicine in Eastern Europe and Asia. It has a reputation for stimulating the nervous system, decreasing depression, enhancing work performance, eliminating fatigue, and preventing high altitude sickness. Rhodiola has been categorized as an adaptogen by Russian researchers. The word adaptogen is defined as a natural herb product that increases the body's resistance to stresses such as trauma, anxiety and bodily fatigue. Its claimed benefits include helping the body to defend itself against depression and cancer and to help the body enhance its cardio and central nervous system.

Eleuthero Root Extract (*Eleutherococcus senticosus*) - Eleuthero Root is a member of the ginseng family. The root is found in the Siberian province of Russia. It contains niacin, amino acids, carbohydrates and other vitamins and mineral. There have been over one thousand studies on Eleuthero. It has been shown to nutritionally support the glandular system. It is used to promote an overall sense of well-being. Eleuthero is classified as an adaptogen, which means that it helps the body adapt to any situation that would normally alter the body's function. It appears to act on the adrenal glands to help prevent excess cortisol production (cortisol is believed to cause stress related weight gain particularly in the midsection area) in response to stress. It has a beneficial effect on the heart and the circulation. It has been shown to increase energy and stamina and to help the body resist viral infections, environmental toxins, radiation and chemotherapy. It has also been used to help the mind restore memory, concentration and improve cognitive abilities. Eleuthero Root is also popular for debility, depression, fatigue and nervous breakdown.

Gotu Kola - For disorders that cause connective tissue swelling, such as scleroderma, psoriatic arthritis (arthritis occurring in conjunction with psoriasis), ankylosing spondylitis (arthritis of the spine), rheumatoid arthritis, depression, and to improve memory and concentration. Recent studies confirm some of the traditional uses and also suggest possible new applications for gotu kola, such as lowering high blood pressure, treating venous insufficiency (pooling of blood in the veins, usually in