



Nail Formula

#NS-210

Size: 60 Soft gel Capsules, 30 day supply

Nutrients for Healthy Nail Growth

Nail Formula by Blue Spring contains Borage Seed Oil, Millet Seed Extract, L-Methanione, Horsetail Stem Extract, Green Tea Leaf Extract, Grape Seed Leaf Extract, Ginkgo Leaf extract as well as 10 Vitamins and minerals all known to support strong, healthy nail growth and reduce brittle, dry nails.

How to understand why you have dried brittle nails:

Sooner or later, both men and women (more women) experience split or cracked fingernails. The problem is too little moisture and

poor absorption of nutrients. Fingernails get brittle and weak, and then they split because they are dried out. Exposure to household chemicals and detergents contribute to this problem. Nail dryness is also a product of aging or a by-product of some medications such as chemotherapy. As nails become more brittle and thin, they split more easily.

Nail Formula by Blue Spring provides your body with the natural herbal extracts and vitamins it needs.

The unique combination of the 7 natural herbal extracts and the 10 vitamins and minerals in Nail Formula by Blue Spring produces the following beneficial results:

- Strengthen, thicken and protect nails
- Promotes faster nail growth
- Revitalizes nails through nourishment from needed nutrients
- Encourages strong and healthy nail growth
- Helps prevent brittle and dried nails
- Promotes healthy and youthful looking nails
- Minimizes nail breaking and thinness
- Stop drying condition of the nails

In addition to nourishing your nails from the inside be sure to moisturize and protect from the outside. We recommend the Blue Spring Hand Moisturizing Lotion with a combination of 6 nourishing oils. Click here to learn more about Hand Moisturizing lotion.

Other tips to strengthen split and cracked nails:

- After moisturizing wear cotton gloves to bed at night
- Soak your nails in Blue Spring Pure Emu Oil. For an extensive dry nail treatment soak your nails in about one half of a cup of warm Emu Oil. Blue Spring Emu Oil is best because is all natural and contains rich and penetrating nutrients.
- As a quick treatment, rub Blue Spring Pure Emu Oil on your nails daily.
- Use Blue Spring Hand Moisturizing Lotion rich in Natural Essential oils. Click here to learn more
- Beware of Nail Products that contain formaldehyde. This can dry the nails as well as cause skin irritations.
- Beware of frequent use of nail polish remover. The acetone in nail polish remover dries the nails.

Nail Formula is rich in the vitamins, minerals, trace elements and plant extracts that have a known positive influence on nail strength and growth.

The positive qualities of Nail Formula by Blue Spring are:

- Nail Formula is a dietary supplement which is considered food
- Nail Formula provides the body with nutrients that must be obtained through diet and cannot be produced by the body
- Nail Formula increases and maintains circulation in the small vessels of the body.
- You will notice the results of Nail Formula by your second bottle (6-8 weeks)
- The soft gel capsules of Nail Formula are easy to swallow
- Nail Formula contributes to strong and healthy nail growth
- Read the ingredients to find the other positive qualities of Nail Formula by Blue Spring

Directions for use: Take one to two soft gel capsules daily twice daily.

Tips for best use:

- Continuous use is best
- Take continually to notice results in 6-8 weeks
- Please take Nail Formula by Blue Spring as directed. External and internal health require a commitment

Nail Formula by Blue Spring is guaranteed to give you maximum results if used properly. We have so much confidence in our Nail Formula that we back it up with our Blue Spring 60 day money back guarantee.

**The Food and Drug Administration have not evaluated this statement. This product is not intended to diagnose, treat, cure, or prevent any disease.*

Ingredients: Borage (Borago officinalis) Seed Oil, Millet (Panicum miliaceum) Seed Extract, L-methionine, Horsetail (Equisetum arvense) Stem Extract, Green Tea (Camellia sinensis) Leaf Extract, Grape (Vitis vinifera) Seed Extract, Ginkgo (Ginkgo biloba) Leaf Extract, Pumpkin (Cucubita pepo) Seed Extract, Saw Palmetto (Serenoa repens) Berry Extract

Nail Formula

Borage (*Borago officinalis*) Seed Oil - Used topically to nourish and hydrate the skin. It is also used for damaged skin where new cells are needed. It is beneficial for both topical and internal applications. For nails, scalp and hair growth and nourishment and stopping dry conditions in nails, scalp and hair

Millet (*Panicum miliaceum*) Seed Extract - Millet is a protein rich small seed that has been used in Europe for decades for treatment of hair problems. Millet is rich in essential fatty acid, magnesium and many amino acids. Amino acids are the basic structure of proteins. Amino acids are necessary to make keratin. Keratin is the essential building block of hair and nails. Millet extract has long been known as a favorable influence on the growth of hair and nails.

L-methionine - Studies on hair growth in Japan have shown that when L-methionine was applied, root hair numbers increased.

Horsetail (*Equisetum arvense*) Stem Extract - It is rich in nutrients and high in silica. Silica helps the body absorb calcium and promotes strong, healthy nails, teeth, bones skin and hair.

Green Tea (*Camellia sinensis*) Leaf Extract - Used to fight the aging of the skin, disorders of the intestines and androgenetic alopecia, which is a genetic type of hair loss in both men and women. Green tea is loaded with antioxidants which; relax the blood vessels to help cardiovascular activity; have an anti-bacterial effect; helps skin wrinkles, aging, energy and stamina; help hair growth; protect against stomach and colon cancers

Grape (*Vitis vinifera*) Seed Extract - Researchers have discovered that Grape Seed Extract can help to stimulate healthy hair growth by defeating the hormone DHT that stops the hair follicle growth cycle.

Ginkgo (*Ginkgo biloba*) Leaf Extract - Known to help androgenetic alopecia, which is a genetic type of hair loss in both men and women.

Pumpkin (*Cucubita pepo*) Seed Extract - A natural hair loss remedy.

Saw Palmetto (*Serenoa repens*) Berry Extracts - Useful in treating male pattern baldness, known as androgenetic alopecia (AGA). AGA is caused by an overproduction of DHT, which is found in the hair follicle and slows down hair production. Saw Palmetto Berry blocks this conversion of testosterone into DHT and saves the hair follicles.

Contraindications: Men taking the prescription drugs Propecia and Proscar should inform their doctors if they are also taking Saw Palmetto. Saw Palmetto may counter the efficacy of Hormone Replacement Therapy (HRT) and birth control pills. Pregnant women should not use Saw Palmetto

Inactive Ingredients: Gelatin, glycerin, soybean oil, yellow beeswax, lecithin, caramel, titanium dioxide