



Allergy Relief Tablets

#HP-51-51260

Size: 60 tablets

Relieves allergy symptoms without the side effects of other OTC (over-the-counter) allergy medications, such as sleeplessness, increased pulse rate. Antihistamines are associated with drowsiness; decongestants with nervousness. You can trust Allergy Relief for safe, temporary relief of:

- Sneezing
- Watery eyes
- Runny nose
- Itchy nose or throat

Like all Safe, No Worry Medicines, Allergy Relief is homeopathic.

- NO side effects
- Safe to use with other medications, including prescriptions
- Gently stimulates the body to heal itself
- Registered with the FDA (Federal Drug Administration)

Directions:

- Adults, children 12 and over: 2 tablets, 2 to 3 times daily.
- For best results chew and/or dissolve tablets in mouth for 30-60 seconds before completely swallowing. Homeopathic remedies are best absorbed sub-lingually (under the tongue)

Tips: To experience the full benefits of Safe, No Worry Medicines, try to avoid the following substances 30 minutes before and after taking a dose:

- Coffee and other sources of caffeine
- Mint (including mint toothpaste, candy, or gum)
- Camphor (found in lip balms)
- Garlic and onion

Remember:

- Children under 12, consult a physician.
- If pregnant or breast-feeding, ask a healthcare professional before use.

Product Ingredients

Active ingredients in each tablet	Purpose
• Alumen 4x	• Itchy throat
• Arsenicum album 6x	• Sneezing, runny nose
• Histaminum hydrochloricum 8x	• Allergy symptoms
• Magnesia sulphurica 3x	• Runny nose, sinus congestion
• Natrum sulphuricum 3x	• Sneezing, runny nose, watery eyes
• Sulphur 3x	• Itchy nose, watery eyes

Inactive ingredients: Lactose, magnesium stearate, rice starch