



Anti-Fatigue Remedy

#HP-51-51160

Size: 60 tablets

We're not getting enough sleep, according to the 2002 Sleep in America Poll. We sleep an average of only seven hours on weeknights, and 30% of us sleep even less. No wonder we're tired! The ideal remedy is more sleep, a well-balanced diet, and regular exercise. But for the real world, there's Anti-Fatigue Remedy. It features safe and effective ingredients to:

- Naturally restore alertness
- Overcome mental fatigue
- Take the edge off daily tension
- Allow restful sleep at night
- Convenient tablets dissolve in your mouth—taste good too!

Like all Safe, No Worry Medicines, Anti-Fatigue Remedy is homeopathic.

- NO side effects
- Safe to use with other medications, including prescriptions
- Gently stimulates the body to heal itself
- Registered with the FDA (Federal Drug Administration)

Directions:

- Adults, children 12 and over: 2 tablets, 2 to 3 times daily.
- For best results chew and/or dissolve tablets in mouth for 30-60 seconds before completely swallowing. Homeopathic remedies are best absorbed sub-lingually (under the tongue)

Tips: To experience the full benefits of Safe, No Worry Medicines, try to avoid the following substances 30 minutes before and after taking a dose:

- Coffee and other sources of caffeine
- Mint (including mint toothpaste, candy, or gum)
- Camphor (found in lip balms)
- Garlic and onion

Remember:

- Children under 12, consult a physician.
- If pregnant or breast-feeding, ask a healthcare professional before use.

Product Ingredients

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| <ul style="list-style-type: none"> • Active ingredients in each tablet: • Ambra grisea 9x • Damiana 2x • Ferrum phosphoricum 3x • Kali phosphoricum 3x • Phosphoricum acidum 4x | <ul style="list-style-type: none"> • Purpose: • Daytime drowsiness • Fatigue • Drowsiness, fatigue • Mental fatigue • Physical weakness, fatigue |
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Inactive ingredients: Lactose, magnesium stearate, rice starch